# Lawrence County Newsletter



photo credit: Herald Dispatch

# Happy Memorial Day from your Lawrence County Commissioners!

We hope this edition of the newsletter finds you in high spirits as we approach the upcoming Memorial Day holiday. As the days grow longer and warmer, it's a delightful time to connect with our community and celebrate the values that make our county a special place to call home. Together, let's make the most of this Memorial Day season, honoring our heroes and celebrating the unique spirit of our county.

Best Regards,
Dr. Colton Copley
President, Lawrence County Commission

# Highlights

2023 Civic Scholars Fellowship

Getting to know Commissioner Finley

Memorial Day Parade

Luke Davisson -Veterans Path

EMS Appreciation Week

Holidays

Health & Wellness



## Civic Scholars Fellowship

On Tuesday March 28th, the Commissioners and the Educational Service Center held a reception recognizing the achievements of the 2023 Civic Scholars. It allowed students to receive praise and present what they have learned through the program. They were joined by the mentors and staff who participated in the program, school districts, Kelli Johnson - Southeastern Ohio District Director for Senator JD Vance, Juli Stephens - Field Representative for Representative Brad Wenstrup, Dr. Bill Dingus - guest speaker. and a host of others.





The mission of the Lawrence County Civic Scholars Fellowship is to equip students to learn about and pursue career paths, grow professionally through mentorship, and enhance their understanding of local government. Once accepted, they engage in roundtable discussions with our county elected officials and departments to learn a problem-solving framework from a Marshall University professor, and then are placed within a county office and assigned a mentor. At the end of their time in the fellowship, students will display their experiences and learnings through a project for their office.

#### 2023 Civic Scholars

(in order of schools)

Megan Wroblewski - Chesapeake
Jacob Seagraves - Fairland
Katy Bell - Fairland
Tori Thompson - Fairland
Danielle Leonard - Ironton
Tate Munion - Ironton
Gavin Waldrop - Rock Hill
Andrew Medinger - Rock Hill
Jayson Smith - Rock Hill
Brady Medinger - St. Joseph
Lily Schneider - Symmes Valley
Tyler Loudenburg - Symmes Valley
Veronica Poynor - Tri-State STEM+M

#### 2023 Civic Scholar Mentors

(In order of student mentored)
DeAnna Holliday - Commissioner
P.D. Knipp - Auditor
Jamie Murphy - DJFS, Director
Tresa Baker - Treasurer
Christen Finley - Judge
Cathy Snider - Board of Elections
Zach Schweinsberg - Health Dept.
Don Capper - Judge
Brigham Anderson - Prosecutor
Kevin Waldo - Judge
Matt Capper - Soil & Water
Mike Patterson - Clerk of Courts
Nick Kuhn - 911



# Getting to Know Commissioner Finley

#### What do folks need to know about you?

"Put my number in there (740) 861-6564." I want people to know that they can call me whenever they need me. If someone ever wants to talk about how we can make the County better, or has a question - don't hesitate calling.



#### Why did you decide to run for office in the first place?

I have always backed myself. I have always believed that I can do the best job for the people. I view the Commissioner's role the same way I did the Trustee's role - as a job, not a position. I want to make this county the <u>best</u> it can be.

#### What makes Lawrence County special for you?

I've lived here all my life - I love Lawrence County and our people. I truly believe that if we roll up our sleeves and work together, we can accomplish <u>anything</u>. I love that folks from our area still value hard work and serving others - whether that be the elderly, youth, people with disabilities, and others.

#### Favorite Dessert?

ANYTHING Chocolate! (Or Chris Kline's Apple Pie.)

Welcome, Mike!

Anything else you want to say?

I'm here to serve the people. Period.



#### **Memorial Day Parade**

Contributed By: Nicole Cox

The Ironton-Lawrence County Memorial Day Parade is a long-standing tradition in Ironton. Memorializing those who fought for our country's freedom, the first parade was held in 1868 and has continued every year since.



photo credit: Ironton Tribune

# Veterans Service Commission

Why is Memorial Day such a big deal in our community? Memorial Day, originally known as Decoration Day, originated years after The Civil War as a day dedicated to honoring our soldiers, who gave their life while serving our country.

This holiday is a favorite time for all of Ironton, neighboring towns and surrounding counties; as we celebrate the occasion with the beloved, longest running parade in the United States, now in its 155th consecutive year. The honor and respect for our soldiers and commemorating their service runs deep in our area as we can trace roots all the way to The Revolutionary War in some cemeteries in the region.

So our "why" is to recognize, admire, defend, and preserve our military history and never forget those that made the ultimate sacrifice



photo credit: City of Ironton

You can find a list of Memorial Day events on our Facebook page



# Hero Path Luke Davisson

Luke Davisson, an 8th grader at Ironton Middle School, is a Life Scout with BSA Troop 106 in Ironton. Luke's Eagle Scout project, is a paver brick walkway in the Veterans' section of Woodland Cemetery.

Luke said: "This walkway will honor veterans in multiple ways. It will allow access for wheelchairs, mobility scooters, and walkers into the Veterans' section. The walkway will be constructed with engravable pavers, starting behind the mausoleum and running up the knoll to the monument, flags and howitzer cannon."

Luke set a goal to have the project completed before Memorial Day and was able to achieve it! He also believes he will be the first Eagle Scout in IMS history, and one of, if not the youngest ever in our county and Council. You can follow along via the BSA Troop 106 Facebook page.

We're so Proud of Luke, such an honorable way to become an Eagle Scout. Luke is teaching the younger scouts how to honor our Veterans in a special way!

Mike Patterson, Clerk of Courts

Projects like these are the ones closest to my heart. It was such a joy to be there for the groundbreaking ceremony with Luke. Seeing our youth passionate about serving our Veterans should fill everyone with pride!

De Anna Holliday, Commissioner

The Lawrence County Clerk of Courts and the Commissioners supported Luke in his project.





In 1974, President Gerald Ford authorized EMS Week to celebrate EMS practitioners and the important work they do in our nation's communities and once a year since then we celebrate and recognize their dedication to being on medicine's frontline, where they provide day-to-day lifesaving services, responding and being responsible for the first steps in the emergency care process. National Emergency Medical Services Week brings together local communities and medical personnel to honor EMT's, advanced EMT's and paramedic's dedication. This year's theme is "Where Emergency Care Begins".





Emergency care takes place in every kind of weather. Workers leave the safety of their home or station, leave meals uneaten, and sleep unfinished because an emergency is just that - unplanned, unpredictable, and uncertain. But every time, your Lawrence County EMS responds! They apply their training to make a resident of our community's worse day a little better, to stop the bleeding or help ease the pain and suffering, to restart a heart or reverse an overdose. Sometimes they arrive only to find there is nothing to do or worse, nothing they can do. They give selflessly of themselves whenever they are called upon. So, as we approach EMS week this quarter, let's join together to honor their contribution and commitment as we say "THANK YOU" to our EMT's, advanced EMT's and Paramedics for the service they provide to the citizens of this great county.

#### To all our EMS Employees and Staff,

I am writing to express my sincere gratitude for your service and commitment to Lawrence County. I know that your job is not easy. You work long hours, often in challenging conditions, and you are constantly exposed to the dangers of the job. Your dedication to providing quality care to our residents is truly inspiring. You are true heroes, and I am proud to call you members of our community.

Commissioner De Anna Holliday



### **Memorial Day**

Memorial Day is not simply another long weekend or an excuse to fire up the grill for a backyard barbecue. It is a solemn occasion dedicated to honoring the courageous men and women who made the ultimate sacrifice while serving in the United States armed forces. These brave individuals selflessly put their lives on the line, leaving behind families, friends, and dreams, all for the greater cause of defending our nation's freedom. Memorial Day allows us to pay tribute to their extraordinary valor, unwavering dedication, and the profound impact they have had on our lives. It is a day to remember their sacrifice, to express gratitude for the liberties we enjoy, and to acknowledge the debt we owe to these remarkable heroes. Through their sacrifice, they have left an indelible mark on our nation's history and have paved the way for the opportunities and privileges we cherish today.



## Juneteenth

Juneteenth is a time to celebrate the end of slavery and to reflect on the long and difficult journey that African Americans have taken to achieve equality. It is also a time to recommit ourselves to the fight for racial justice and equality.

Celebrated on June 19th, the day in 1865 when Union soldiers arrived in Galveston, Texas, and announced that the enslaved people there were free. This news came two and a half years after President Abraham Lincoln issued the Emancipation Proclamation, which had declared all enslaved people in the Confederate states free. However, due to the slow spread of information in the South, many enslaved people were not aware of their freedom until then.



As Americans, we believe in the importance of individual liberty and equality under the law. We believe that all people, regardless of race, religion, or ethnicity, are created equal and deserve to be treated with dignity and respect. Juneteenth is a reminder of the progress that we have made in the fight for equality, but it is also a reminder of the work that still needs to be done.



# 4th of July

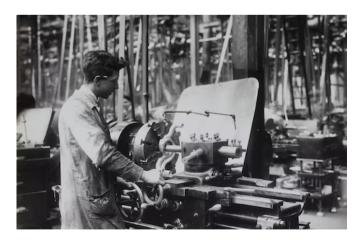
The significance of the date is that on July 4, 1776 the Declaration of Independence was ratified. It announced that the 13 American colonies, then at war with Great Britain, regarded themselves as independent states, and no longer a part of the British Empire. Instead they formed a new nation—the United States of America.

The 4th of July is a day to celebrate the birth of the United States of America. It is a day to remember the sacrifices that were made to create this great nation, and to reaffirm our commitment to the ideals of freedom and democracy.

# **Labor Day**

Labor Day is a federal holiday in the United States that is celebrated on the first Monday in September. It is a day to celebrate the contributions of workers to the strength, prosperity, and well-being of the country. It serves as a time to reflect on the hard work and dedication of workers.

It is also a time to celebrate the progress that has been made in the fight for workers' rights. Today, workers in the United States enjoy many benefits that were not available to workers in the 19th century. These benefits include the right to a fair day's pay for a fair day's work, the right to an eight-hour workday, the right to a safe workplace, and the right to join a union.



## **Health & Wellness**

CEBCO Employees: Please sign up for the Biometric Screening taking place on June 15th in the Commissioners' Meeting room from 8a - 12p

- •Screening includes Blood Chemistry Profile & Complete Blood Count with AlC; Personal Report
- •Blood Pressure + (Optional) Waist Circumference
- •Women 40+ will also receive a TSH test.
- •Results most accurate with an 8-10 hour fast
- •You may drink black coffee or tea & WATER IS ENCOURAGED!
- •Take all medications as prescribed by your doctor
- •Results viewable online within 48-72 hours.
- •If it is medically inadvisable for you to participate, you may call HealthWorks to request a Waiver/RAS Form



# Mental Health Awareness Month

Why Mental Health is important?

Overall well-being: Mental health is an integral part of our overall well-being. It affects how we think, feel, and act, and influences our ability to cope with stress, handle emotions, form and maintain relationships, and make decisions. When our mental health is in good condition, we are more likely to enjoy life, experience fulfillment, and achieve our goals.

Mental Health means keeping your mind healthy, its very important at every stage of our lives from childhood and adolescence through adulthood and even until we get old. It's important to implement good goals and strategies to sustain healthy mindsets.

# Take this quiz to assess your mental health:







# **Important Dates & Info**

May 26th - Memorial Day Celebration at Courthouse
May 29th - Courthouse Closed in Observance of Memorial Day
June 18th - Father's Day
June 19th - Courthouse Closed in Observance of Juneteenth
July 4th - Courthouse Closed in Observance of 4th of July
July 28th - 2nd Half Property Taxes Due
September 4th - Courthouse Closed in Observance of Labor Day

#### Where Can I Pay My Property Taxes?

Online at www.lawrencecountytreasurer.org Mail in with check or money order Treasurer's Office (2nd Floor, Courthouse) The following Banks (during collections)\*:

City National (Ironton, Chesapeake, & Proctorville)
Liberty Bank (Ironton & Proctorville)
Peoples Bank (Ironton & Proctorville)
US Bank (Ironton, Chesapeake, & Proctorville)

\*You will need your printed tax bill to accompany payment

#### Where Can I Purchase Dog Tags?

Online at www.lawrencecountyauditor.org Mail in with check or money order At these locations:

Lawrence County Dog Shelter South Point Storage Dickess Market (Aid) Jim's Gun Shop





Elementary Age Activities

**Lawrence County** 



\*South Point Park June 27th Ham-Ipm

\*Paul Porter Park (Coal Grove)
July 18th Ham-Ipm

\*9th Street Park (Ironton)
July 25th Ham-Ipm

\*Lawrence County Fairgrounds (P'ville)

New Barn Area. August 1st 11am-1pm

## **Activities:**



- Free Kona Ice
  - Face Painting
  - Dunk Tank
  - Police Cars
  - Fire Trucks
  - Construction Vehicles!



For more information:

Eddie Neel

304-617-1227

eddie@impactprevention.org

# Sign Up for Your Biometric Screening



Register for your free, onsite biometric screening to learn your numbers & improve your health & well-being.

Who is eligible? Employees and Spouses on the CEBCO Anthem insurance plan.

#### **LOCATIONS / DATES**

Date	Location	Time
6/15/23	Courthouse: 3 <sup>rd</sup> Floor Commissioner's Meeting Room	8am-12pm

#### **HOW TO SIGN UP**

- Visit <u>portal.healthworksdata.com</u> or scan QR Code to login to our wellness portal
- Follow prompts on Login page, or call 513-751-1288 to make your appointment
- Be sure to complete your Health Risk Assessment before scheduling your appointment



#### SCREENING INFORMATION

- Screening includes Blood Chemistry Profile & Complete Blood Count with A1C; Personal Report
- Blood Pressure + (Optional) Waist Circumference
- Women 40+ will also receive a TSH test.
- Results most accurate with an 8-10 hour fast
- You may drink black coffee or tea & WATER IS ENCOURAGED!
- Take all medications as prescribed by your doctor
- Results viewable online within 48-72 hours.
- If it is medically inadvisable for you to participate, you may call HealthWorks to request a Waiver/RAS Form

Main Office: 513-751-1288 Info@cincyhealthworks.com

WAMEN\* OWNED